

Important

Town of Webster, Board of Health

Covid 19 Isolation and Quarantine Information

Due to an Increase in people testing for Covid-19 and a rise in positive cases, there may be a delay from when the **Webster Board of Health** will contact you to provide you with isolation and quarantine guidelines. Please use the important information below.

Isolation Guidelines

If you Test POSITIVE for Covid-19 regardless of vaccination status, please ISOLATE!

Isolation separates Sick people with a contagious virus from healthy people. You must stay completely away from others, including members of your household.

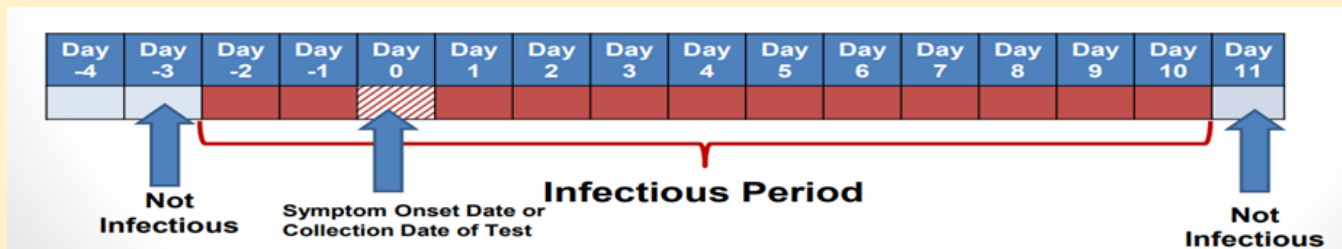
If you TEST Positive for COVID-19:

1. Isolation lasts for a minimum of 10 Days:

Starting from symptom onset or date of test if Asymptomatic.

(Day of symptom onset/test date = day 0)

2. Isolate for 10 day's and only resume activity on day 11 if you have been fever free for 24 hours and experience significant improvement.



Quarantine Guidelines

If you have been exposed to Covid-19 please follow these appropriate guidelines:

- *Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. It is recommended that you wear a mask when around others.*

If you are Exposed to someone with COVID –19 and you are not vaccinated or partially vaccinated:

(less than 14 days since your second dose of Moderna or Pfizer or 14 days since your dose of J&J)

1. *Get tested for COVID-19, 5 days after exposure. If your test is negative and you remain symptom free, you can resume your normal activities on the 8th day after exposure.*

2. *If you do not want to get tested, you must remain in quarantine at home for 10 days after the exposure although it is highly recommended that you test 3-5 day's after exposure. You may resume normal activities on day 11 if you remain completely symptom free.*

If you are exposed to someone with COVID-19 and are fully vaccinated, you are not required to quarantine following an exposure although it is highly recommended that you test 3-5 days after exposure.

For additional information, please visit:

<https://www.mass.gov/info-details/covid-19-isolation-and-quarantine-information>